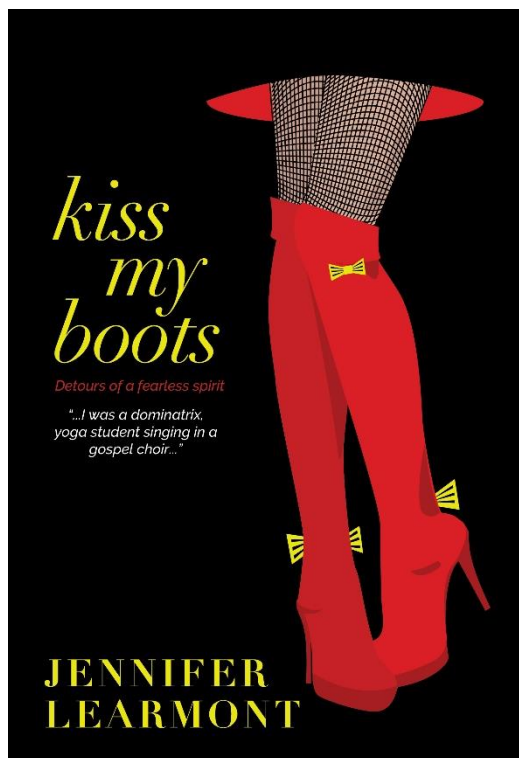


kiss my boots

JENNIFER LEARMONT



MY COMMITMENT TO EATING HEALTHY WAS ONLY EQUALED BY MY DESIRE FOR COCAINE...

Setting out on an adventure to the USA with my best friend, we had no plans, no rules and no limits. It started in the wild 80's in Hollywood, LA and the spread across the '90's, fueled by drugs, sex, rock n roll. We met the people who later became famous actors, musicians, singers. I took some risks, made mistakes and lived through them; I was one of the lucky ones.

For 14 years I worked as a Dominatrix in Hollywood.

I was a natural and loved the work. My clients included a US General, Top Surgeons, Politicians, High Court Judges and VIPs. There is a grey side to my work, and no one really knows what goes on behind the dungeon doors.

I married a charming, captivating Italian/American criminal and lived a dangerous life, involved in crime, drugs and crazy choices where I almost lost my life. My turning point came the day I walked into the Sanctuary of an Interdenominational Church. I loved it so much I joined the gospel choir and took up yoga.

Now I was a dominatrix, yoga student singing in a gospel choir.

Eventually, and exhausted, I returned to Australia permanently to set up my own yoga studio and started to build a new life away from a blurred past. I was a wild and fearless child with a kind compassionate heart and a determination to live my life to the full, regardless of any cost.

AUTHOR BIO



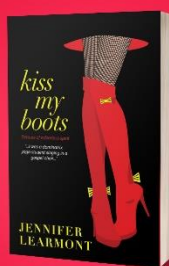
Jennifer survived a very dysfunctional childhood and even more dysfunctional life in Hollywood where she was lucky enough to survive it. After learning everything the hard way and having far too much fun than anyone should have in their lifetime, Jennifer headed home to Australia. She now is the epitome of health doing yoga, a foodie and anything that's for her wellbeing. Jennifer never played a victim and just kept on going. She now is a very healthy, happy and well-adjusted person.

Jennifer now lives on the beautiful Gold Coast.

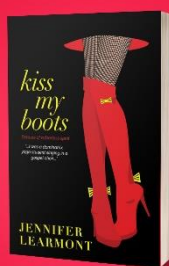
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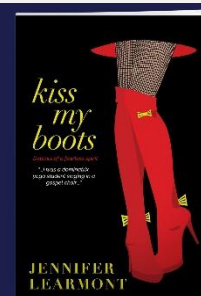
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kiss my boots

JENNIFER LEARMONT

A CONVERSATION WITH THE AUTHOR

WHY DID YOU WRITE 'KISS MY BOOTS'? WHAT WAS YOUR INSPIRATION?

In 2017, I was informed that my ex-husband was writing a book and that I would be in a small part of it. The chapter that I was going to be in was a very dark time of my life and probably wouldn't show me in the greatest light, so it was more of a need to write. I felt like I had to tell my story of where I began and when I ended up as some sort of legacy. It was probably the best thing that ever happened to me, and I am forever grateful to him. I was helping him and the author that was doing his book with research. Then in February 2019 I decided that I needed to write my own story. I do have to say that they are very supportive and proud of me for doing this book.

WHAT WAS YOUR BIGGEST CHALLENGE WHEN WRITING 'KISS MY BOOTS'?

The biggest challenge was definitely laying bare my life, stripping all the facades and showing people what I had really gone through and who I really was.

WHO INSPIRES YOU TO BE YOUR BEST SELF?

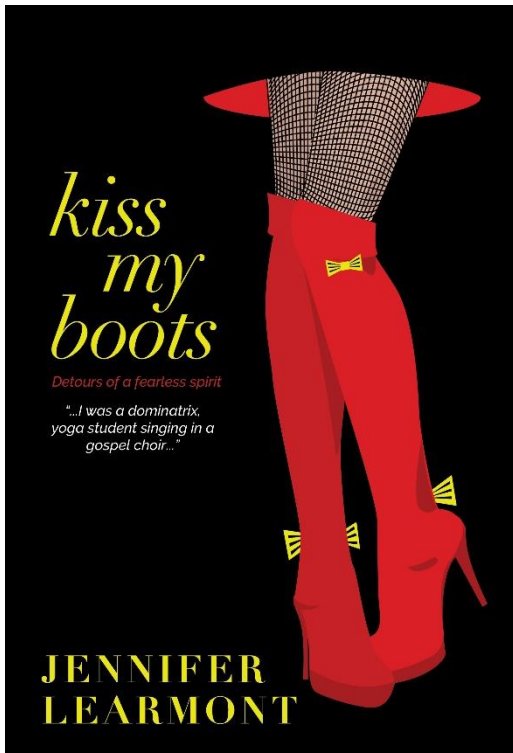
People that inspire me are people who are enthusiastic about health, optimistic about life, compassionate and real. With incredible tenacity, they tend to lift me up and want to be a better person. Oh, and being funny is a must!

HOW LONG DID YOU SPEND RESEARCHING BEFORE WRITING YOUR BOOK?

This book was a spare of the moment decision, I basically downloaded a journal app and started writing and it all just poured out, it was things I needed to say and experiences I needed to share that I had kept bottled up my whole life.

IF YOU COULD TELL YOUR YOUNGER WRITING SELF ANYTHING, WHAT WOULD IT BE?

There are so many things I would tell my younger self. Firstly, probably the most common, would be to study more and to not be so wild. Don't leave Australia for so long, it's very hard to come back and fit in after 20 years, but then again someone has to be a storyteller, someone has to live life in the fast lane, someone has to make all the mistakes to make life interesting, and I guess that was my role. If I told my younger self these things and she listened, my older self wouldn't have much to write about.



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