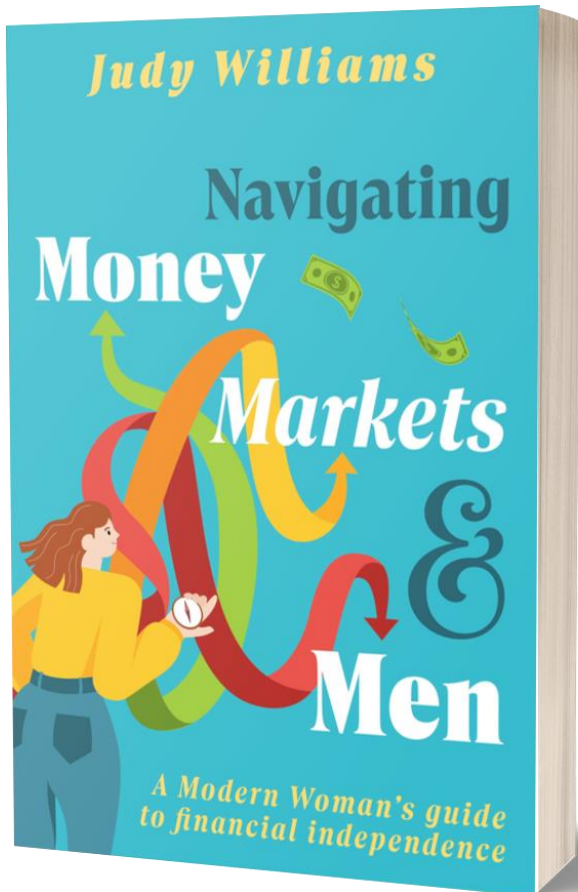


Navigating Money, Markets & Men

Written by Judy Williams



ISBN	9781923172036
Publication Date	26 AUG 2024
Genre	Self-Help, Finance
Format	Paperback
Audience	General
Author Location	Newcastle, NSW

Price available on our website

HOW WOULD YOU DEFINE A SUCCESSFUL LIFE?

WEALTH? CAREER? LOVE?

NONE OF THE ABOVE?

A successful life is one where our needs as human beings are fully met, from safety and shelter to belonging and self-actualisation. Author Judy Williams explores how to achieve these goals through personal experiences and learnings around money management. She'll walk you through how to buy big things (cars, houses) to discovering your dream job and fulfilment through self-knowledge. The advice in *Navigating Money, Markets & Men* is designed for women in the modern world who are often paid less and face financial disadvantage throughout their lives.

It is more important than ever that women are given the tools to be completely financially independent and fulfilled. When women thrive, the whole community thrives.

This is the place to start...

ABOUT THE AUTHOR

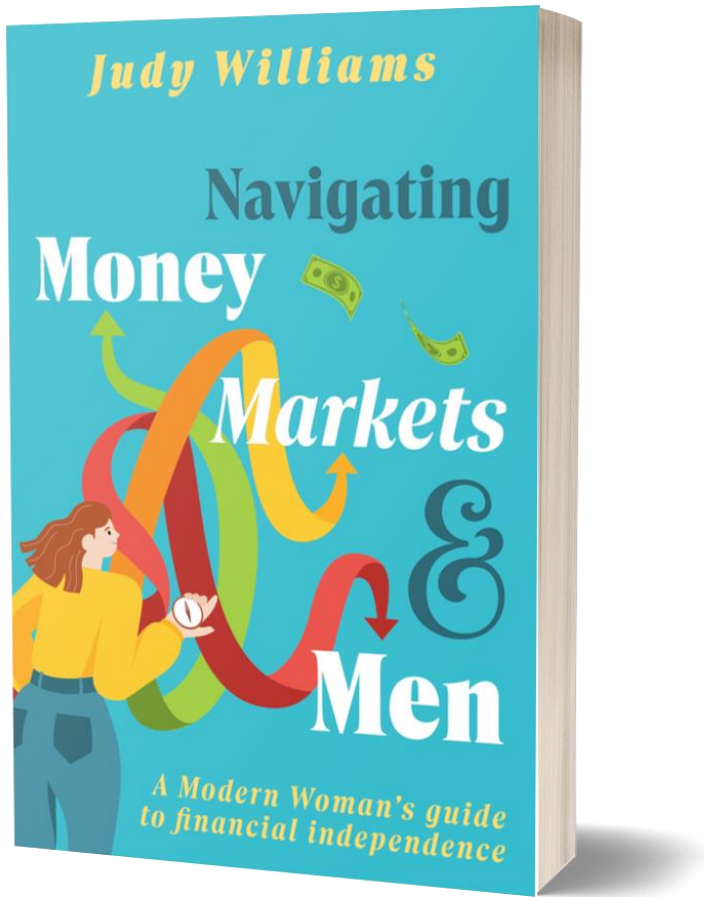


Judy Williams worked in and around the television industry for 40 years. In late 1999 a damaging business failure meant a financial reset from the bottom up was required. A year later, she landed her dream job in a large network. But that was just the beginning of a new financial disaster for the family. Through grit, determination and careful money management, Judy managed to recover financially and emotionally arrive at a happier, more resilient frame of mind. In *Navigating Money, Markets & Men*, Judy passes on the lessons learned during the difficult years and how to prepare yourself emotionally for the difficult times that visit us all.

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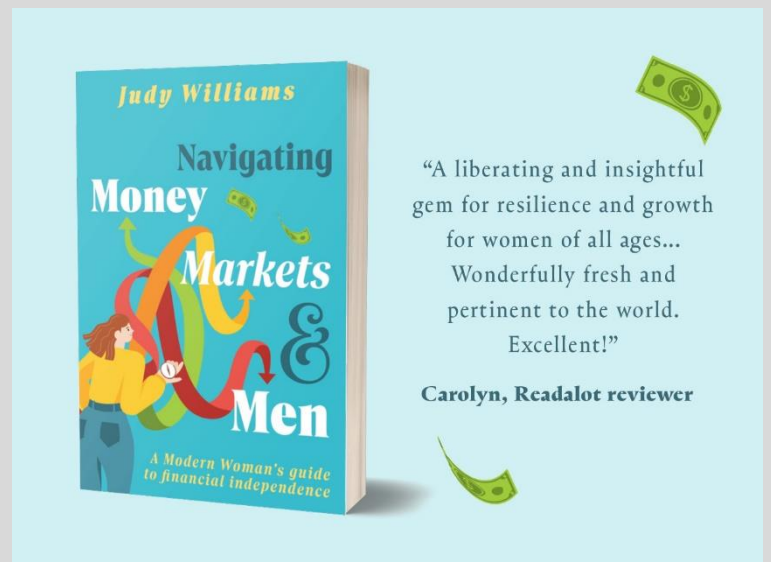
A CONVERSATION WITH THE AUTHOR

WHY DID YOU WRITE *NAVIGATING MONEY, MARKETS & MEN*? WHAT WAS YOUR INSPIRATION?

I went through a horrendous experience at the end of my marriage. I had bailed us out of financial disaster after financial disaster over the 23 years. Then he was arrested, which completely blindsided me. When I read that the fastest growing cohort of homeless people was women in their 50s, I was horrified. I could have been one of them except for the fact that I had a well-paying job and some small but significant investments. I didn't want to write about my tragedy or even throw my former husband under a bus. That was private business. But I thought if I could pass on what I had learned about money management and emotional resilience to younger women, fewer might fall into the trap of financial disaster at the wrong end of their working lives. I grew up in the '60s. I believed in the feminist movement. So, while some things have gotten better, a lot simply hasn't. Wages and opportunities are still unequal, and women are still bearing the brunt of financial inequality through discrimination, marriage breakdowns and domestic violence. I want to inspire action to improve the situation of women, by women. It's not about being better. It's about being equal. We can make better partnerships and a better society if we work positively together.

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